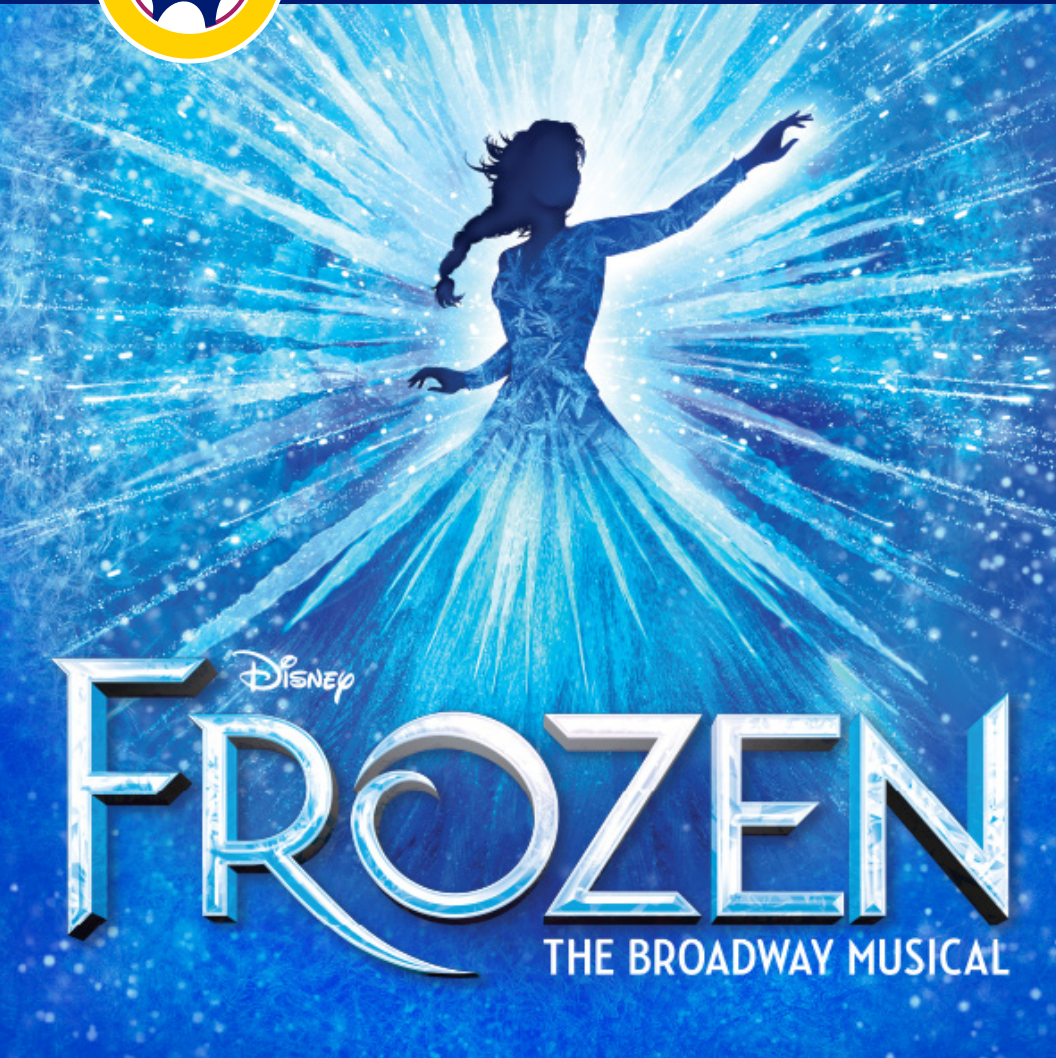




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**Cole-Belin Education
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Getting to Know You:

The Cast of *Disney's Frozen*

Hygge (HUE-guh) is a Danish word that means a feeling of warmth and contentment, usually found with family and friends. We asked the cast of *Frozen* what makes them feel *hygge*. Here is what they had to say.



Marisa Aderman (*Elsa*) *Hygge* to me is listening to a jazz record with candles burning, snacking on a beautifully arranged charcuterie board, and playing a game of cribbage.



Jacob Grauerholz (*Sven*) I feel *hygge* when I'm under a warm blanket with my cat sleeping on my chest.



Nicholas Amundson (*Director/ Scenic Designer*) I feel *hygge* when I am using my imagination and creating fun things.



Adam Haselhuhn (*Duke of Weselton*) *Hygge* is sleeping in on a weekend!



Annika Baker (*Ensemble/Cover*) For me, *hygge* means baking and scrapbooking while wearing a big sweater!



Dan Haymes (*Ensemble*) To me, *hygge* is a good meal and exploring new places with my family.



Sylven Blair (*Young Anna*) *Hygge* is reading a book on a big warm couch with a blanket.



Helaina Kalman (*Bulda*) I feel *hygge* when I'm curled up in bed drinking tea and cuddling with my kitten.



Maggie Blanchard (*Pit Singer*) I feel *hygge* when I'm curled up with a good book and a hot coffee on a rainy day.



Josh Law (*King Agnarr*) I feel *hygge* when the whole family cuddles on the couch to watch a movie. The movie isn't that important; it's about spending time with family.



Marquis Bundy (*Ensemble*) I feel *hygge* when I'm hanging out with my friends and laughing so hard that my stomach hurts!



Mio Legaspi (*Kristoff*) *Hygge* is laughing, dancing, and sharing a meal with my family.



Emily Devick (*Anna*) *Hygge* is hanging out with my roommates and watching a movie with our cat!



Gabby Leonard (*Ensemble*) *Hygge* is waking up on a rainy morning with a kitty (or two) purring next to me, or performing onstage with my friends.



Whit Ellsworth (*Oaken/Bishop*) I feel the greatest sense of *hygge* onstage with the entire cast at the end of the show, right at the moment we finish singing and we get to see the audience.



Dionysus Manuel Jr. (*Pabbie*) *Hygge* is beating my competitive brothers at something they do well.



Ingrid Oakley (*Ensemble/Cover*) My *hygge* is turning a quiet night into an epic jam session with my guitar, piano, and banjo!



Sasha Smith (*Ensemble/Cover*) *Hygge* to me is getting to relax and watch a comfort show or drawing.



Jones Pfeifer (*Pit Singer*) To me, *hygge* is spending time with family and friends playing a game, watching a TV series, or listening to music!



Reese Taggart (*Young Elsa*) My *hygge* is snuggling with a cozy blanket and my beagle dog, Sadie.



Caitlyn Porter (*Pit Singer*) For me, *hygge* is being surrounded by my friends, laughing way too hard, and having the best time together.



Dane Van Brocklin (*Hans*) For me, *hygge* is playing guitar by a campfire!



Olivia Ramaekers (*Ensemble/Cover*) *Hygge* is spending time with my friends and family, eating my favorite foods, and snuggling with my cat.



Lisa Veldt (*Queen Iduna*) To me, *hygge* is a good fairytale, delicious food and drink, or snuggling with my husband.



Jesse Shoemaker (*Sven*) To me, *hygge* is going on a walk around the lake at dusk and listening to the sounds of nature.



Nate Weber (*Sven*) *Hygge* for me is a summer night camping under the stars around a fire surrounded by the trees.



Jake Skarin (*Olaf*) Nothing says *HYGGE* like hot cocoa, cuddles, and not turning into a puddle!



Hannah Zapeda (*Pit Singer*) I feel *hygge* when I am with my loved ones, cuddled up on the couch, and watching nostalgic movies.



Andrew Smalley (*Ensemble*) I feel *hygge* while drinking hot chocolate on a snowy winter day.

What about YOU? When do YOU feel *hygge*? Why?

FROZEN ORIGINS



Hans Christian Andersen was born on April 2, 1805, in Odense, Denmark. His parents were very poor. His father was a shoemaker and his mother was a washer woman. His father would tell him stories and Danish folk tales. Hans loved to entertain people with songs, dances, and stories. He began writing when he was very young. His fairy tales, including *The Little Mermaid*, have stayed popular for generations. Disney's *Frozen* is loosely based on Hans Christian Andersen's story of *The Snow Queen*.

JOIK

A *joik* or *yoik* is a traditional form of song originated by the Sámi people, the indigenous people of northern Europe including Scandinavia. Today, the Sámi people live across the far northern regions of Norway, Sweden, Finland, and Russia.

Joiking is a one of the longest living music traditions in Europe, going back centuries. It is often meant not to be about a person or place but instead to evoke that person or place. It does not need to include words, but can tell a story through melody, rhythm, expressions, or gestures. It is a practice of cultural expression and can be deeply personal or spiritual in nature. The joik in *Frozen* have both chanted and sung syllables.

DISCUSSION QUESTIONS FOR BEFORE THE SHOW

If you've seen Disney's *Frozen* the movie, how do you think this show will be different or the same?

Look at the stage. What does the setting tell you about the show you are about to see? Do you think the stage will look the same in the middle or at the end of the show? Why?

Going to the theatre is a shared experience. Where else can you go for a shared experience?

How is a live play or musical different from a movie? How are they the same?

FROZEN ACROSTIC POEMS

An acrostic poem is a poem where the first letter of each line spells out a related word or name when you read them from top to bottom. Here is an example of an acrostic poem:

Outgoing, Lovable, Animated, Funny.

Can you create an acrostic poem for other characters?

How about writing one for yourself?

Not Just A Sidekick

A sidekick is a supporting character who helps the main character(s) tell the story. In *Disney's Frozen*, Olaf is a sidekick who performs heroic deeds. **Can you match the following sidekicks with the musical or movie they are in?**

Mushu	<i>The Princess and the Frog</i>
Abu	<i>Beauty and the Beast</i>
Jaq & Gus	<i>Mulan</i>
Timon & Pumbaa	<i>Pocahontas</i>
Ray	<i>Pinocchio</i>
Pascal	<i>Aladdin</i>
Jiminy Cricket	<i>Cinderella</i>
Flounder	<i>Tangled</i>
Meeko	<i>The Little Mermaid</i>
Lumière	<i>The Lion King</i>

Answers: Mushu/Mulan, Abu/Aladdin, Jaq & Gus/Cinderella, Timon & Pumbaa/The Lion King, Ray/The Princess and the Frog, Pascal/Tangled, Jiminy Cricket/Pinocchio, Flounder/The Little Mermaid, Meeko/Pocahontas, Lumière/Beauty and the Beast

OLAF'S FROZEN ICE CREAM

You don't need Elsa's magical powers to transform a few simple ingredients into delicious ice cream. You don't even need an ice cream maker, just some good old muscle power and some scientific knowhow!

Vanilla Ice Cream in a Bag Recipe

Ingredients:

½ cup whole milk, half-and-half, or heavy cream (higher fat=creamier ice cream)

1 tablespoon granulated sugar

½ teaspoon vanilla extract

3 cups ice cubes

½ cup rock salt or coarse kosher salt (do not use table salt)

1 pint-sized freezer bag

1 gallon-sized freezer bag

Step-by-Step Instructions:

In the pint-sized bag, mix the milk/cream, sugar, and vanilla extract. Squeeze out as much air as possible before securely sealing the bag. Double-check that it's sealed tightly to prevent leaks!

Fill the gallon-sized bag with ice cubes. Pour the rock salt over the ice.

Place the sealed smaller bag containing the cream mixture inside the larger bag with the ice and salt. Seal the gallon bag tightly, again removing excess air.

Now, the real work (and fun!) begins. Shake the bag vigorously and continuously for 5 to 10 minutes. You can wrap the bag in a towel or wear gloves to protect hands from the cold.

As you shake, you'll feel the cream mixture inside the smaller bag start to firm up. Once it reaches the consistency of soft-serve ice cream, it's ready.

Carefully remove the smaller bag from the larger one. Make sure you rinse the outside of the inner bag under cold running water to remove any lingering salt, which can make the ice cream taste not so great. Open the bag and eat it directly from the bag with a spoon. Enjoy immediately!

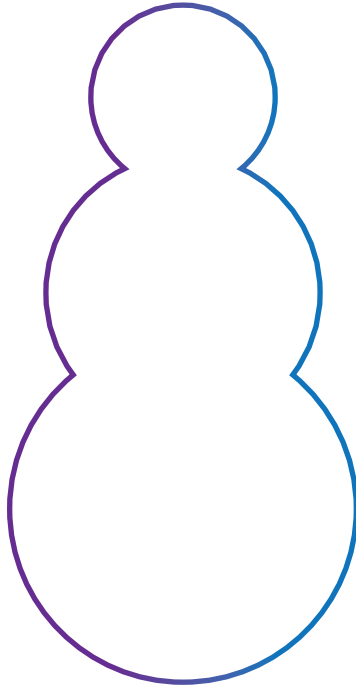
Be creative! What other ingredients can you add to make your ice cream unique, just like you? Feeling extra hungry? Put your math skills to work and double the recipe ingredients for twice the ice cream! (But you might need bigger Ziploc bags!) Try a dairy free option using high fat oat milk. What differences, if any, do you notice in the texture of the ice cream or the freezing process?



How does adding salt to the ice make the ice cream freeze? Want to learn more about “the science behind the shake”? Check out imthecheftoo.com for more information on this activity and other great kitchen experiments!

A LITTLE BIT OF YOU, A LITTLE BIT OF ME

A team of people worked together to create Disney's Frozen, just like Anna and Elsa work together to create Olaf. Ask the person who brought you to the show to help create your own unique snowman below. Take turns adding features to your snowman and see what your imaginations can do, together!



DISCUSSION QUESTIONS FOR AFTER THE SHOW

Why do you think Elsa's parents wanted to hide her abilities? How did it make her feel?

Olaf says, "Some people are worth melting for." What do you think he means?

What is the main theme of Disney's Frozen?

How are Elsa and Anna different? What do they have in common? If you have brothers and/or sisters, how are you different and alike?

The logo for Disney's Frozen: The Broadway Musical. The word "Disney" is in its signature script at the top left. Below it, "FROZEN" is written in large, stylized, blue and white 3D letters with a frost-like texture. Underneath "FROZEN", the words "THE BROADWAY MUSICAL" are written in a smaller, clean, white sans-serif font.

Disney
FROZEN
THE BROADWAY MUSICAL

AUTOGRAPHS